



ANDERSON JUNIOR CUBS (AJC)

PARENT & ATHLETE CODE OF CONDUCT AGREEMENT

(Football & Cheer Programs)

This Parent & Athlete Code of Conduct Agreement (“Agreement”) is entered into between **Anderson Junior Cubs (AJC)**, a youth sports organization operating under **Sacramento Youth Football (SYF)**, and the undersigned Parent(s)/Guardian(s) and Athlete.

Participation in Anderson Junior Cubs football and cheer programs is a **privilege, not a right**. Continued participation is **expressly conditioned upon full compliance** with this Agreement.

1. PURPOSE, AUTHORITY, AND SCOPE

The purpose of this Agreement is to maintain a **safe, respectful, disciplined, and competitive environment** for all participants.

This Agreement applies to **all AJC football and cheer activities**, including but not limited to:

- Practices
- Games
- Competitions & performances
- Team travel
- Meetings and events
- Any AJC- or SYF-sanctioned function

This Agreement is **binding upon**:

- The Athlete
 - The Parent(s)/Guardian(s)
 - All family members, guests, and associates attending AJC or SYF events on behalf of the athlete
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2. PARENT / GUARDIAN CODE OF CONDUCT

Parent(s)/Guardian(s) acknowledge that **youth sports exist for the development, safety, and enjoyment of the athlete**, not for adult control or behavior.

Parent(s)/Guardian(s) agree to the following:

- I will read, understand, and comply with **all SYF rules, AJC bylaws, policies, procedures, and codes of conduct**, including amendments issued during the season.
- I will demonstrate **sportsmanlike conduct** and treat all athletes, coaches, officials, volunteers, board members, opponents, and spectators with **respect at all times**.
- I will **not engage in unsportsmanlike or disruptive behavior**, including but not limited to:
 - Yelling at or confronting coaches, officials, athletes, or volunteers
 - Booing, taunting, threatening, or intimidating behavior
 - Profane, abusive, discriminatory, or demeaning language
 - Harassment or disparaging conduct, including on social media
- **Sideline coaching is strictly prohibited**. Coaching direction is the sole responsibility of AJC-certified coaches.
- I will not confront coaches, officials, or board members during games, practices, competitions, or events. **All concerns must be submitted through proper AJC channels**.
- **Tobacco, alcohol, vaping products, marijuana, or illegal substances** are strictly prohibited at any AJC or SYF event or facility.

- I will ensure my athlete arrives **on time, prepared, and properly equipped** for all practices, games, competitions, and events.
 - If attendance is not possible, I will notify the coach **in advance**.
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3. ATHLETE CODE OF CONDUCT (FOOTBALL & CHEER)

The Athlete agrees to the following:

- I will demonstrate **respect, discipline, teamwork, and sportsmanship** toward coaches, teammates, officials, opponents, and AJC representatives at all times.
- I will follow **all team rules, SYF regulations, AJC policies, and coach instructions** without argument or refusal.
- I will **not engage in**:
 - Fighting or intentional physical harm
 - Taunting, bullying, harassment, or intimidation
 - Profane, abusive, or disrespectful language or gestures
 - Unsportsmanlike conduct on or off the field

I understand that my behavior reflects on my team, **Anderson Junior Cubs**, and **SYF**, and violations may result in **immediate disciplinary action**.

4. CHEER-SPECIFIC STANDARDS

(Uniforms, Conduct & Competitions)

The following provisions apply specifically to **AJC Cheer athletes and parents**.

A. Uniforms & Appearance

- All official AJC cheer uniforms, warm-ups, and required apparel issued by AJC **remain the property of AJC**, unless otherwise stated.
- Only **AJC-approved uniforms, shoes, bows, apparel, and accessories** may be worn at practices, games, competitions, performances, or public appearances.
- Uniforms **may not be altered, shortened, customized, or decorated** without written approval from the **AJC Cheer Director or Board**.

- Appearance standards must be followed at all times, including:
 - Approved hairstyles and bows
 - No jewelry (except medical alerts)
 - Nails trimmed and safe for stunting
 - Clean, complete, and properly worn uniforms

Athletes not in compliance may be **withheld from participation until corrected**, without refund.

B. Practice, Safety & Performance Conduct

- Cheer athletes must follow **all coach instructions, safety rules, stunt progressions, and skill requirements**.
- Unsafe behavior or refusal to follow instruction will result in **immediate removal from activity**.
- Attendance and punctuality are **mandatory**.
- Excessive absences or tardiness may result in:
 - Removal from routines
 - Loss of competition or performance privileges
 - Additional disciplinary action

C. Competition & Event Conduct

Cheer athletes and parents acknowledge they are **public representatives of AJC and SYF**.

The following are strictly prohibited:

- Negative comments toward judges, officials, event staff, or other teams
- Arguing scores, placements, or rulings
- Entering restricted warm-up, competition, or judging areas

Parents must remain in **designated spectator areas**.

Public criticism of **AJC, SYF, coaches, athletes, officials, or competitions**, including on social media, is a **violation of this Agreement**.

Routine placement, stunting roles, and competition participation are **earned, not guaranteed**, and may be changed at any time.

5. DISCIPLINARY POLICY & ENFORCEMENT

AJC maintains a **zero-tolerance policy** for conduct that compromises safety, respect, or organizational integrity.

Discipline may be imposed on the **athlete, parent/guardian, or both**, at the **sole discretion of the AJC Board**.

Disciplinary Ladder

- **Level 1:** Verbal Warning (documented)
- **Level 2:** Written Warning (possible meeting or removal from activity)
- **Level 3:** Suspension (practices, games, competitions, or events)

Severe misconduct may result in **immediate suspension or removal** without progression through levels.

6. BOARD AUTHORITY

The **AJC Board of Directors** retains full authority to **interpret, enforce, and administer** this Agreement.

All Board decisions are **final and binding**.

7. SOCIAL MEDIA, TRAVEL & MEDIA RELEASE

- Use of public forums (including Facebook, Instagram, Snapchat, X/Twitter, text messages, or similar) to **harass, embarrass, or harm** another child, athlete, AJC, or another program is a **violation** and grounds for dismissal.
- **Travel Requirement:** I understand some games and events may take place outside the local area and **travel will be required**.

- **Media Release:** I grant permission for AJC to use my athlete's **photo, video, name, and voice** for promotional purposes.
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8. COMMUNICATION REQUIREMENT

Parent(s)/Guardian(s) agree to participate in **official AJC communication platforms** (including Band APP or similar) for team updates and official notices.

9. ACKNOWLEDGMENT & SIGNATURES

By signing below, we acknowledge that we have **read, understand, and agree** to comply with this Agreement.

Violations may result in **suspension or permanent removal without refund.**

Athlete Name: _____

Athlete Signature: _____ **Date:** _____

Parent/Guardian Name: _____

Parent/Guardian Signature: _____ **Date:** _____